

***THE DOCTOR OF THE FUTURE
WILL GIVE NO MEDICINE BUT
WILL INTEREST HIS PATIENTS
IN THE CARE OF THE HUMAN
FRAME, IN DIET, AND IN THE
CAUSE AND PREVENTION OF
DISEASE***

THOMAS A. EDISON

WHAT IS ACUPUNCTURE?

Acupuncture is a medical treatment which originated in China thousands of years before Christ. It is the regulation of the body's vital force energy or Qi energy (pronounced chee). Over many years of observation, acupuncturists have found specific points that can help balance this energy to restore proper function and health to the body. Most of these points are located in channels. These channels are the bioelectric pathways in which the Qi flows throughout the body. Points can be stimulated by heat, pressure, needle, or incision. Pressure and needles are what we use to stimulate the points. Pressure can be applied by a finger, dull probe, or small metallic ball. The needles have changed over the years from rather crude bone, bamboo, and bronze to slender hairlike stainless steel and silver needles of today.

IS ACUPUNCTURE SAFE?

Yes. The acupuncture needles we use are sterile, hairlike, surgical steel, and silver. We do not reuse needles. After they are removed, they are placed in a biohazard container and disposed of properly. Therefore, there is no chance of cross contamination. When applied properly, there are essentially no side effects. Occasionally a slight bruise may occur at the puncture site which usually disappears in a few days.

HOW DOES ACUPUNCTURE WORK?

Acupuncture has been shown to alter the body's electrical and brain chemical systems by manipulation of the Qi energy. The body releases Endorphins that help relieve pain. The amount of white blood cells in the blood increase, which helps fight infection. Cortisol is also released in the blood to help fight inflammation. Disease processes distort the balance and flow of the Qi energy. When imbalance occurs symptoms commonly occur at points along the channel or in the organ the channel is connected to. Symptoms vary widely from pain to dysfunction.

INFORMATION ABOUT DR. MORSE

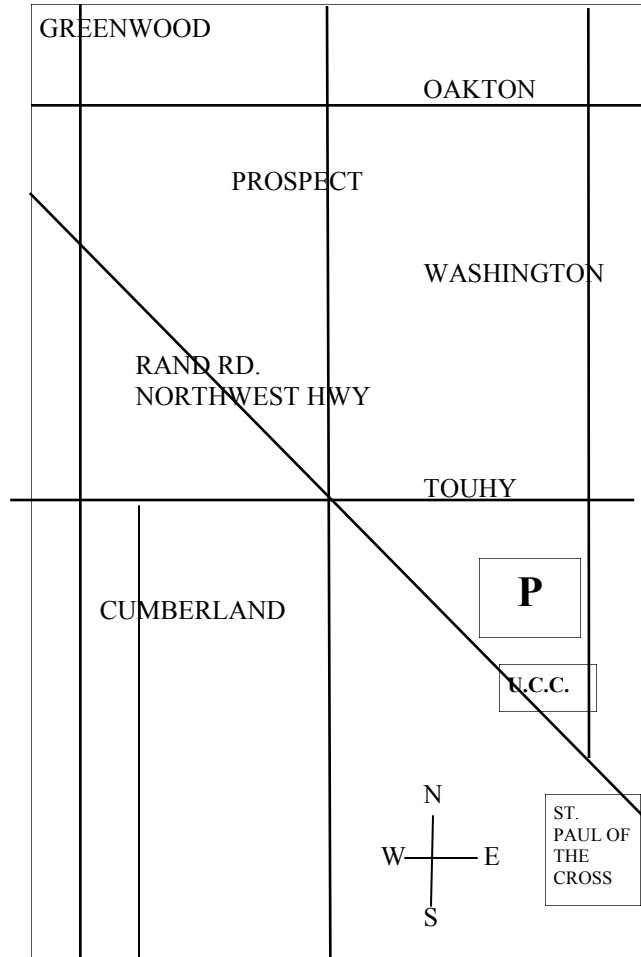
Dr. Morse is a National and State Board Licensed Chiropractic Physician and Acupuncturist. Dr. Morse received his degrees from the National College of Chiropractic and now practices in Park Ridge. Dr. Morse's interests are in sports, injury, family practice, and industrial consultation. Dr. Morse's practice is based on conservative treatment of joint and muscle problems through Chiropractic, Acupuncture, Diet, and Exercise.

**WHAT KIND OF PROBLEMS
DO PEOPLE COMMONLY GO
TO ACUPUNCTURISTS FOR?**

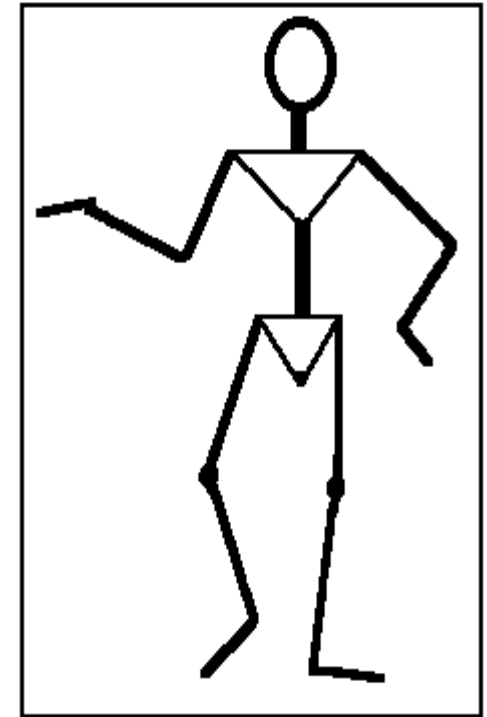
- Addiction
- Allergies
- Asthma
- Chronic Pain
- Low Back Pain
- Neck Pain
- Shoulder Pain
- Carpal Tunnel Syndrome
- Sciatica
- Middle and Upper Back Pain
- Headaches
- Disc Injury
- Muscle Soreness
- Repetitive Trauma Syndrome
- Tennis Elbow
- Sprains and Strains
- Menstrual Disorders
- Sports Injury
- Fatigue
- Knee Injury
- Preventative Care

**DR. CRAIG MORSE
131 S. NORTHWEST HWY.
PARK RIDGE, IL 60068
(847) 692-2688**

Uptown Chiropractic Clinic is located in the heart of Park Ridge on Northwest Hwy. close to Washington Street. There is ample parking in the public parking lot. There are entrances to the parking lot from Touhy Ave., Washington St., and Northwest Hwy.



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IT'S SIMPLE !

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